

Creston mountain ascent Chalten - Patagonia Argentina.

Cerro Crestón 2050 masl:

Cerro Crestón is located south of Cerro Vespignani, 40 km from the town of El Chaltén.

It is a very aesthetic mountain located on glacial terrain that offers very good views of the Fitz Roy Cord and the ice field.

Recommended time: October to May

Difficulty: Medium / High

Duration: 2 days.

Pax: 1 to 2 per.

Includes: UIAGM certified guide, VHF communication, GPS, technical equipment, meals and overnight at Valle del Crestón Refuge.

Does not include: transportation and personal equipment.

Program: The day before departure we have a small meeting with the guide to finalize details and check the necessary equipment.

Day 1: Afternoon we will coordinate the 1 hour transfer to the beginning of the access path to the valley.

From there, a short 40-minute walk through the forest will take us to the refuge dome where we will have dinner.

Elevation gain: 300 meters ascent.

Day 2: Early in the morning we will begin the ascent towards the summit. A hike already ascending through moraine and slab terrain will leave us at the foot of the glacier. From there, already roped, we will have to cross snow and ice terrain between cracks to access the pass. An aesthetic edge, with a 50 degree inclination and some steps on mixed terrain we must take to access the summit.

On the way back we will stop at the refuge to recharge our batteries and continue the descent to the route.

Duration: 6 - 8hs

Elevation: 1200 meters ascent. 1500 going down.

